

# KU Weight Watchers At Work

Sent: Wednesday, February 01, 2012 10:19 AM

To: kulsfa-l - KU Lawrence Staff, Faculty and Affiliates

Cc: Seager, Carol

Subject: KU Weight Watchers At Work

The Weight Watchers at Work Program is undertaking very significant changes in its enrollment process. Instead of having on-site enrollment for "cycles", Weight Watchers is changing to on-line registration that is open year-round and provides the opportunity to purchase monthly passes.

The monthly pass is now the only way to register for our Weight Watchers at Work program. The monthly pass gives you access to At Work meetings, unlimited access to local community meetings and FREE eTools. The cost is \$39.95/month with automatic monthly renewal on your credit or debit card.

Our Weight Watchers at Work program meets:

Thursdays

12:00 p.m. (Noon)

Crimson & Blue Room

Watkins Memorial Health Center

The open house for this new program will be February 9, 2012.

Detailed information on how to register can be found [here](#).

Carol Seager

Director

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